



St Nick's, Allestree & St Paul's, Quarndon Newsletter



Pray Without Ceasing

In his letter to the church in Thessalonica, St Paul writes:

“Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.” (1 Thessalonians 5:16-18)

At first reading, this can sound like an impossible command. How can anyone pray without ceasing? Even if we spent all day in prayer, it would be rather difficult to continue while asleep!

As with any passage of Scripture, it is worth remembering that we are reading a translation. Unless we are fluent in New Testament Greek or Biblical Hebrew, we rely on translators to convey the original meaning. Anyone who has ever experienced an awkward misunderstanding while speaking another language will know that meaning can sometimes be difficult to capture exactly.

I think Paul's words are less about praying every moment of the day and more about prayer becoming a habitual practice, something woven into the fabric of our lives and a natural response to whatever we encounter.

This may include the regular rhythm of Daily Prayer, something I have written about before. Many people find prayer apps such as Daily Prayer, Lectio 365, or Pray As You Go particularly helpful. For those who prefer printed resources, there are also many excellent prayer books available.

But prayer is also about the attitude of our hearts and allowing all of life to become an act of worship. I don't know about you, but whenever I see an ambulance passing by, I often find myself offering a quick prayer. Alongside our regular times of prayer, these spontaneous “arrow prayers” throughout the day help us stay connected with God.



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I have an alarm set on my phone for midday simply labelled “Prayer”. If I’m honest, some days I hardly notice it. More often than not, however, it prompts me to pause for even thirty seconds and refocus on God in the middle of a busy day.

Church history also reminds us that every significant movement of God’s Spirit has been underpinned by prayer. As a group of churches, we have committed ourselves to praying regularly for every household across our four parishes. We intend to continue this commitment and to provide regular prayer themes and suggestions for prayer.

This September, the Global Week of 24-7 Prayer takes place from 6th–13th September. The initiative encourages continuous prayer across the world. Last year, Christians in 140 nations joined together in day-and-night prayer, with many hosting dedicated 24-7 prayer rooms.

While we are not planning a round the clock prayer room ourselves, we do want to set aside a focused week of prayer. Similar gatherings at St Edmunds during Thy Kingdom Come between Ascension Day and Pentecost were a great encouragement to many.

During the Global Week of Prayer, St Nicholas’ Church will host times of prayer each day. Further details can be found elsewhere in this month’s publication, but in summary we will meet:

- Sunday 6th September, 7.00–8.00 pm
- Wednesday 9th September, 7.00–8.00 pm
- Monday to Saturday, 9.30–10.15 am

These sessions will use the Lectio 365 app as a guide. If you are unable to attend every gathering, please feel free to come to whichever sessions you can or join from home. I would particularly encourage you to use Lectio 365 during that week, but however you choose to pray, it would be wonderful to know that we are joining together in prayer.

Sometimes knowing how to pray or even where to begin can feel difficult. Thankfully, there are many helpful resources available to support us. More importantly, prayer is not something reserved for experts. We do not need special words or impressive techniques. Prayer is simply honest conversation with God. Even sitting quietly in His presence can be a form of prayer.

As we seek to follow Paul’s encouragement to “pray without ceasing”, may prayer become not simply something we do, but part of who we are. Please do keep an eye on this publication for items to pray for and any further gatherings.

Rev Sarah Watson



Global Week of 24-7 Prayer

6 – 13 SEPTEMBER 2026

Sun 6th & Wed 9th 7-8pm

Mon to Sat 9.30-10.15 am

@St Nicks Chapel

Join the Global Week of Prayer

6-13 September



Sunday 13th : 10am Joint Service
@ St Matthews

Confirmations with Bishop Jackie

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Extra Worship opportunities

Fancy a mid-week communion service? Or an early evening service? St Edmunds, Allestree have a Communion service 10.30am every Wednesday.

The first Sunday of the month 7-8pm, St Nick's chapel, informal contemporary worship, short Bible reflection and prayer.

The Evening Service (Evensong) at 6 pm on a Sunday alternates between St Edmunds and St Matthews, Darley Abbey, and always follows the Book of Common Prayer.

Visit:

*www.stedmundsallestreeandstmatt.org.uk
hewsdarleyabbey.co.uk
for more information on upcoming services.*



This months 6pm services are:

Sunday 6th - St Matt's: Evensong
led by Melonie Hambly

Sunday 13th - St Ed's Choral
Evensong led by David Anderson

Sunday 20th - St Matt's Choral
Evensong led by Rachael Brooks

Sunday 27th - St Ed's Choral
Evensong led by Diana Mellor



St Nicholas Church

Safeguarding

**Diocesan
Safeguarding Team:
01332 388678**



St Pauls Church

Safeguarding Lead St Nicks:

Miriam Chappell
psostnicks@outlook.com
07448607129

Safeguarding Lead St Pauls:

Mary Pitt
psostpauls@outlook.com
01332550431

St Nick's and St Pauls are committed to safeguarding children, young people and adults from harm. We follow the House of Bishops guidance and policies and have our own Parish Safeguarding Officers (PSO). Our Diocese of Derby's safeguarding pages contain vital links and information including contacts for the Diocesan Safeguarding Advisor who advises our PSO. If you are concerned that a child or adult has been harmed or may be at risk of harm please contact the PSO's by email: see above

Alternatively, contact the Diocesan Safeguarding Advisor as shown on this link . If you have immediate concerns about the safety of someone, please contact the police and your local authority's children or adult social care services.

Volunteers in the Church of England require safeguarding training as part of safer recruitment. To access the training please visit:
www.safeguardingtraining.cofeportal.org.

All individuals need to register for an account to complete the training. If you require assistance please contact Emma in the church office for help. Training can be done in stages and at your own pace. Computer access is required. If you prefer face to face training please visit:
www.derby.anglican.org/en/who-needs-safeguarding-training.html
to book onto the required training.



It's Not Just Policy, It's Personal
Building confidence in reporting safeguarding concerns
RECOGNISE - RESPOND - RECORD - REFER

To explore
our resources,
scan the QR
code



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Celebrating One Year of St Nick's Community Café



It is hard to believe that a whole year has passed since the launch of St Nick's Community Café. Since opening its doors, the café has become a welcoming Wednesday gathering place during term time, serving up bacon cobs, homemade cakes, fresh soup, free refills of tea and coffee, and a range of weekly specials including jacket potatoes, strawberries and cream, and ploughman's lunches.

We are hugely grateful to everyone who has supported the café over the past year, from one-off visitors to our much-loved regulars. Thank you, too, for your patience and encouragement as the team has found its feet. We have been delighted to welcome local community clubs, councillors and community support officers, all of whom have enjoyed homemade treats, a hot drink and the friendly atmosphere.

The café has also benefited from generous local support. Funding from the Co-op has enabled us to purchase new outdoor furniture, and we are exploring further ways to improve accessibility so that even more people can enjoy everything the community café has to offer.



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We are also thankful to the Allestree Neighbourhood Board, whose funding has provided two new café flags to help raise the café's profile and let passers-by know when we are open.

Over the summer, the community café team has continued to serve the wider community by providing refreshments for the family fun day and hosting a special afternoon tea event for local residents. All donations received through the café go back into church funds, helping to support St Nick's work in the community, including the toddler group, youth drop-in and Sunday Breakfast @ 10 services.

None of this would be possible without the hard work, passion and enthusiasm of two wonderful members of the St Nick's congregation, Clare and Chris, alongside the support of a small team of helpers. Their energy and commitment have helped make the café's first year such a success. A heartfelt thank you goes to them both from Rev Sarah, the PCC and the whole St Nick's congregation.

The community café reopens on 9 September, from 10am to 2pm. We look forward to seeing you there!



ST NICK'S CHURCH

Monthly Service pattern

**1st
Sunday**

Breakfast Church @ 10 (all age)
Abide @ 7
(contemporary worship and prayer)*

**2nd
Sunday**

Holy Communion @ 10

**3rd
Sunday**

Morning Worship @ 10

**4th
Sunday**

Around the Table @ 10 (all age)

Months with a
**5th
Sunday**

**Joint service @ 10 with St Edmund,
St Matthew & St Paul***

**1st
Wednesday**

Holy Communion @ 11.30

Families and children are warmly welcome at all of our services, not just our All-Age Services. We have created a dedicated family area within the main church space so that families can worship together, be included, and feel at home.

*see website/social media as venue may occasionally vary

www.stnicksallestree.co.uk

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play 'n' Praise

COME AND JOIN US!

WEDNESDAY DURING SCHOOL TERM

9:30AM-10:45AM

ST NICKS CHURCH, 2 LAWN AVENUE,
DE22 2PE

WITH FREE PLAY, CREATIVE ACTIVITIES,
STORIES, YUMMY SNACKS, RIDE-ONS



TERM TIME
GROUP

£2
SUGGESTED
DONATION

AGES
0-5

EMAIL: STNICKSCYL@OUTLOOK.COM

CALL OFFICE: 01332550431

FACEBOOK: PLAY 'N' PRAISE AT ST NICKS



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SPOTLIGHT

on young people & families



Title: Music in Schools

What is happening?

Music has always been at the heart of the Church's worship. The Curzon School in St Paul's parish is one of 25 schools participating in Derby Cathedral's Music in Schools Programme. Professional musicians lead whole-class singing sessions, school choirs and keyboard lessons, helping young people develop their musical gifts while building confidence, teamwork and creativity.

Pupils from the Curzon Choir have sung at St Paul's Church, and the programme also provides pathways into the Derby Cathedral Choirs. We are delighted that one of Curzon's pupils has taken this journey and is thriving as a Chorister. Termly Celebration Concerts are held at Derby Cathedral give pupils the opportunity to perform and share their talents with a wider audience.

The school is also excited to welcome iSingPOP in November. During the first three days, pupils will learn a collection of engaging songs that can be used in collective worship and school events. The project will culminate in a live concert at St Paul's Church.





SPOTLIGHT

on young people & families



Title: Music in Schools

These initiatives bring together children, families, schools and churches, helping young people experience being part of something bigger within the Diocese of Derby and the wider Church. Through both traditional and contemporary music, children are discovering their gifts, growing in confidence, and engaging with the rich musical heritage of the Christian faith. Music continues to be a powerful way of nurturing faith and inspiring the next generation.

Please pray for:

- For the Music in Schools and Ising Pop programmes at The Curzon.
- For opportunities for music to strengthen links between school, church and community.
- For children and young people to encounter the Christian faith and worship through music.
- For further opportunities to grow these programmes across our schools and churches.

See Church Websites for more details



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Summer Events Update



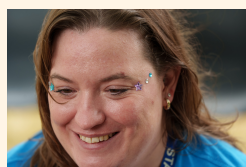
Family Fun day

Thank you to everyone who attended our August Family Fun Day at St Nick's. It was wonderful to welcome so many families and members of the local community.

Across four busy hours, more than 100 people enjoyed a fantastic range of activities, including bouncy castles, soft play, face painting, crafts, ride-ons, story time, stalls and refreshments. The event created a joyful space for children, families and neighbours to spend time together and enjoy all that was on offer.

We had prayed for the rain to stay away, and we were grateful that our prayers were answered!

Events like this are only possible because of the dedication of our wonderful volunteers, who gave their time and energy to support Rachel, our Children's and Youth Lead. Thank you to everyone who helped make the day such a success.



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Afternoon Tea

During August, the Community Café hosted a special Afternoon Tea in the Church Room, bringing together good company, delicious treats and a wonderfully traditional setting.

Visitors were treated to an array of delicious cakes and sweet treats, accompanied by a hot drink – the perfect way to enjoy a relaxing afternoon together.

The refreshments were served on some of St Nick's beautiful tea sets, which have been kindly donated to the church. These lovely tea sets are also available to hire for a small donation, making them a wonderful option for your own special occasions.

After a short summer break, the Community Café will be opening its doors again for the autumn term on Wednesday 9th September at 10am.

We look forward to welcoming everyone back for another term of friendship, refreshments and community!





Prayer



Church Prayer @ St Nick's

Pre-church prayer takes place in the chapel from 9.30am to 9.45am on a Sunday morning. We pray for the service to follow and anything else the Holy Spirit prompts us to bring to our Father.

Church prayer will be held on the 4th Wednesday of the month in the Chapel or on Zoom depending on the weather. This month will be:

9th September 7-8pm
"Note different date and time this month."

Contact Graham if you are interested in joining us in prayer.



St Nick's Prayer Circle

St Nick's have a prayer circle as part of their pastoral care. We have now set up a WhatsApp group so that prayer requests can be relayed more quickly than ringing each individual member. There is still provision for those who prefer to hear by phone. Please rest assured you are being covered in prayer.

If you would like to be added to the prayer circle,
please get in touch with the church office.
For more details, please see the poster at the back of St Nick's.

PRAY



Prayer Requests:

Please pray for:-

- For those that are unwell and unable to get out at this time.
- For all the pupils and educators as they return to school for a new academic year.



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Pastoral Care and Volunteers



Are you going through a difficult time at the moment and would like some emotional, spiritual or physical help?

For various understandable reasons, many people find it difficult to reach out and ask for help but if you are aware of anyone who is struggling at the moment, please let us know. It could include for example, help with shopping, a home visit or merely a friendly chat on the phone. If we don't know, then it's difficult to help.

We are part of your church family and have been DBS checked and have completed the Diocesan Safe Guarding Training.

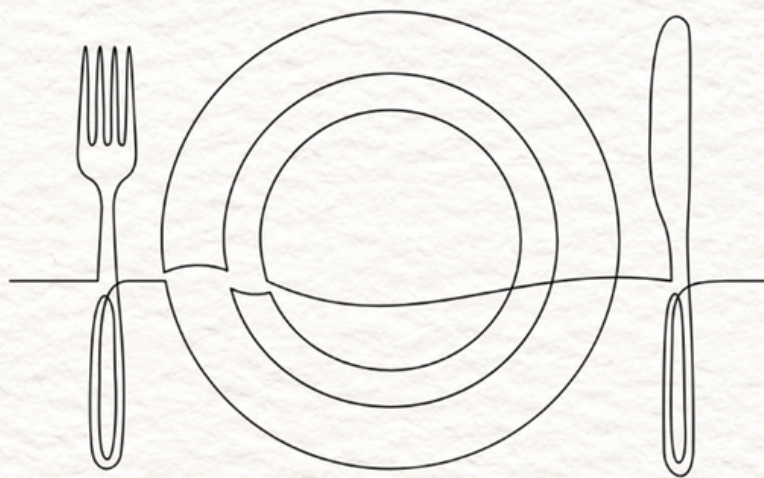


Would you like to help out at the very successful Play n Praise which is for preschoolers and their adults @ St Nicks on a Wednesday morning (term time only).

We are looking to set up a team of volunteers on a rota. You would not be required every week, but every 4-6 weeks.

If you would like to know more, why not pop along on a Wednesday 9.30-11am and meet the current team and families who attend? Coffee and cake available.

Let's do
LUNCH



Come along and join us for a lovely time of fellowship over a tasty meal at our local Ember Inn pub - The Markeaton. For more details contact Christine on 07729371373 or read our latest newsletter for the next date (usually 3rd Sunday of the month). Everyone is welcome

St Nicks Church monthly Pub lunches

12 Noon @ The Markeaton

Next date: 20th September

VENUE FOR HIRE

St Nicks Church



For more details
contact our
church
administrator:
stnicksallestree
@outlook.com
550431

We have a large
hall available to
hire for a single
event or a
regular class..
Ideal for
birthday parties
and concerts

For smaller
groups we have
rooms available
for up to 40
people with
access to small
kitchens perfect
for making
refreshments.

VENUE FOR HIRE ST PAULS CHURCH Village Hall

Ideal for Childrens
birthday parties, dance
classes, music
ensembles or local
community groups.
Car park on site .

CONTACT US

hallstpauls@outlook.com
or 07973702002



KNIT AND NATTER

St Nicks Church Hall

On the 1st, 3rd and where there is a 5th
Wednesday of the month, 2-3.30pm.

£1 per session.

Contact Sandra on 557114.

Come and Join us for tea, biscuits and chat.



COFFEE & CHAT

ST NICKS CHURCH ROOM

TAKES PLACE EVERY 2ND AND 4TH
FRIDAY OF THE MONTH.

10:30-12 NOON

ALL ARE WELCOME TO JOIN IN
AND ENJOY THIS LOVELY SOCIAL



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Weddings, baptisms and other life events

If you are looking to organise a baptism or would like to get married or celebrate a special anniversary with the renewal of wedding vows at St Nicks or St Pauls please contact our church administrator by email: stnicksallestree@outlook.com to arrange all life event services including funerals and commitals.

Additional information on life events can be found at:
www.stnicksallestree.co.uk/weddings-and-life-events



Social Media

For those of you who regularly use social media why not give us a follow? Our social media accounts are updated weekly with information on services. All events are highlighted and photos shared where possible.

If anyone would like to be involved/star in any videos for social media highlighting ongoing in either church please contact Emma in the office.

Search:



www.facebook.com/stpaulsquarndon

www.facebook.com/stnicksallestree



[stnicks_ Allestree](https://www.instagram.com/stnicks_Allestree)

[stpaul_quarndon](https://www.instagram.com/stpaul_quarndon)



Donate today

A gift today helps us plan for tomorrow.

To make a secure donation, scan the QR code. Every donation goes directly to church funds to support our services, community outreach and our ongoing work with growing younger in faith. Thank you for your generosity.

Confirmations

with Bishop Jackie



13th September



10am



St Matthew Darley Abbey

A joint service of St Edmund – St Matthew – St Nick – St Paul

Anyone wishing to find out more please talk to
Rev Sarah or Rev Rachael or contact the church office.



LOVE GOD LOVE ONE ANOTHER LOVE COMMUNITY

SUNDAY BREAKFAST @ 10

All Age Service

SEPT
6
2026



BREAKFAST
9:45
A M



SUNDAY BREAKFAST @10

All-Age Family Service

ST NICK'S CHURCH, ALLESTREE

FROM SEPT STARTING A NEW SERIES...

THE CREED

WHAT WE BELIEVE

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LOVE OUR COMMUNITY



STARTING BACK IN
SEP 2026

JOIN US @

AYC DROP IN

AGES 11-18



HOSTED BY
ST NICK'S CHURCH

EVERY WEDNESDAY

(TERM TIME ONLY)

16 SEPT, 2026

3:30 PM - 5:00 PM

- Hot dogs & drinks
- Space to meet up with friends
- Ping pong, table football
- Switch in TV room
- Games
- Football outside



📍 2 Lawn Avenue, Allestree,
DE22 2PE

🌐 <https://www.stnicksallestree.co.uk/>

✉ stnicksAYC@outlook.com

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St Nick's Church, Allestree

September Services



Sun 6th

Breakfast Church @ 10
Abide @ 7

Sun 13th

Joint Confirmation service @ 10
St Matthews, Darley Abbey

Sun 20th

Morning Worship @ 10

Sun 27th

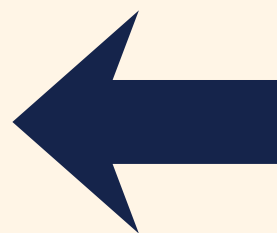
Around the Table @ 10
(All Age with Communion)

Additional information: **No** Service at St Nick's 13th September. Food served from 9.45 at Breakfast Church.

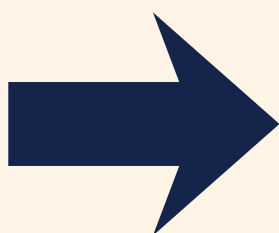
Love God - Love One Another - Love Our Community



St Nick's September Services



St Paul's September Services



St Paul's Church, Quarndon

September Services



Sun 6th

10am Holy Communion

Sun 13th

10am Joint Confirmation service
St Matthews, Darley Abbey

Sun 20th

10am Holy Communion

Sun 27th

10am Morning Praise

Additional information: **No** Service at St Paul's 13th September.



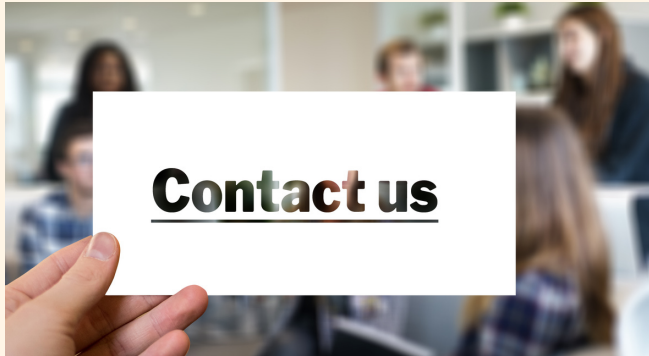
St Pauls Church



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Handy Contacts and information

Newsletter Information - Deadline!

Please be aware that the deadline for any news you'd like to be included in the next Newsletter is the 20th of the month before.

Any news should be sent to St Nick's church office: stnicksallestree@outlook.com

CHURCH OFFICE

Emma Patterson
01332550431
stnicksallestree@outlook.com

CHURCH WARDEN ST NICK'S

Paul Taylor
01332556020

CHURCH WARDEN ST PAUL'S

Vacancy

CHILDREN'S AND YOUTH LEADER

Rachel Kennedy
07895051941
stnicksCYL@outlook.com

LICENSED LAY MINISTER (READER)

Bruce Innis

OFFICE HOURS

Monday, Tuesday & Wednesday
9-3 and Friday 9-12

WEBSITES

www.achurchnearyou.com/St-Paul-Quarndon
www.stnicksallestree.co.uk

Polite notice to St Nick's congregation, hall hirers and visitors.

Please could everyone be mindful when parking on the roads surrounding St Nick's and be considerate to residents. In particular ensure we are not parking across driveways and allow residents space to reverse in and out of their drives.

Thank you all as always for your support and kindness.

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Priest in Charge: Reverend Sarah Watson and Associate Priest
Reverend Rachael Brooks. Ordinand: Colette Desborough.

Dates/Services	Readings
Sunday 6th September St Nick's: Breakfast Church @ 10 Abide @ 7 St Paul's: 10am Holy Communion	Romans 13: 8-end Matthew 18:15-20
Sunday 13th September St Matthew's: Joint 4 Confirmation @ 10 NO services at St Paul's or St Nick's.	Romans 14:1-12 Matthew 18:21-35
Sunday 20th September St Nick's: Morning Worship @ 10 St Paul's: 10am Holy Communion	Philippians 1:21-end Matthew 20:1-16
Sunday 30th September St Nick's: Around the table @ 10 (All age with Holy Communion) St Paul's: 10am Morning Praise	Philippians 2:1-13 Mathew 21:23-32

Advanced notice: 1st Wednesday Holy Communion @ 11.30 will
begin at St Nick's 7th October in the chapel.



It's Not Just Policy, It's Personal
Building confidence in reporting safeguarding concerns
RECOGNISE - RESPOND - RECORD - REFER

To explore
our resources,
scan the QR
code



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